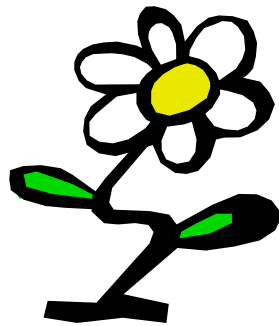


**It's All About
You, Girl!**



**SOROPTIMIST
FOUNDATION OF CANADA**



SOROPTIMIST
Best for Women

Tuning Into Our Teens

Girls' & Parents' Conference

H.D. Stafford Secondary School

20441 Grade Crescent, Langley

October 14th, 2006

8:30 Registration 9:00am ~ 3:00pm

Adults: \$10 Girls: Priceless

**Karen Lee
Batten**

DOOR PRIZES include:
• One eight-week Professional
Development Program at
PIZZAZZ INTERNATIONAL!

Dove

save on foods
SO MUCH WORTH IN STORE

**The Langley
Times**

A full-day conference focused on adolescent girls, their parents (both moms and dads), caregivers, teachers, mentors ~ connecting, communicating and exploring social issues affecting all of us. ALL NEW WORKSHOPS.

***Girls!** Bring your friends! Find out "how you can be the best you can be" ~ make an easier transition from elementary to high school and beyond.*

***Parents!** Explore strategies to keep those doors of communication open between your teen and yourself.*

New workshop topics include: assertiveness and self esteem; conflict resolution; lifestyle alternatives ~ healthy eating & healthy bodies, healthy sexuality; plus dealing with addictions.

*Guest speakers ~ **Langley RCMP Superintendent Janice Armstrong and Gabrielle Star**, event organizer of **Night to Light Walk***

*Keynote speakers ~ **Mr. Keith Pattinson** and Olympic Bronze Medalist **Lynn Kanuka***

*The first 100 girls to register will receive a floating cubic zirconia necklace. AND . . . **Karen Lee Batten**, a Canadian Idol finalist, will visit at lunch time to sing a few of her songs and autograph some CDs!*

Presented by ~ Soroptimist International of the Langleys

www.soroptimist.org

www.wcsoroptimist.org (Western Canada website)

TO REGISTER: EMAIL your name, address & contact info to tiotlangley@hotmail.com

or CALL one of these numbers: (604)530-4816, (604)539-7277, (604)888-9409, or (604)534-1798

SI of the Langleys gratefully acknowledges the financial support of the BC Gaming Commission, plus the City and Township of Langley!