



SOROPTIMIST

Best for Women

# MOM – DO YOU KNOW? (What's going on in your teen's world)

A conference hosted by  
**Soroptimist International of North and West Vancouver**

- 8:30 a.m.    **REGISTRATION**
- 9:00 a.m.    **OPENING WELCOME**  
Liz Watt        *President, Soroptimist International, North & West Vancouver*  
Don Bell        *Member of Parliament, North Vancouver*  
Jean Violette   *Grants Manager, Western Canada,  
Soroptimist Foundation of Canada*  
Lois Taylor     *MC*
- 9:15 a.m.    **TOOLS TO HELP PARENTS NAVIGATE THROUGH THE TEEN YEARS**  
Frances Kenny  
*Group Manager, Parents Together*
- 10:15 a.m.   **SI POWERPOINT PRESENTATION AND COFFEE BREAK**
- 10:45 a.m.   **SAFETY ON THE INTERNET HIGHWAY**  
Cpl. Sharon Simons  
*RCMP "E" Division Major Crime, Integrated Child Exploitation Unit,  
Provincial Prostitution Task Force Coordinator*
- 12:00 noon   **LUNCH**  
A light lunch will be served.
- 12:45 p.m.   **WHEN IS IT MORE THAN THE BLUES?**  
Jane Mauchan,  
*BC's Ministry of Children and Family Development,  
Child and Youth Mental Health branch*
- 1:45 p.m.    **COFFEE BREAK**
- 2:00 p.m.    **PARENTS AS PREVENTORS**  
Judi Lalonde  
*Executive Director, Alcohol-Drug Education Service*

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**We wish to acknowledge and thank the following who have supported this event through their donations and contributions:**

**Soroptimist Foundation of Canada  
Wilfred Leong Insurance Agencies, Vancouver  
M & M Meat Shops, North & West Vancouver  
St.Christopher's Anglican Church, West Vancouver  
Black Bear Neighbourhood Pub, North Vancouver  
Mary Kay products : compliments of Carol Lea  
Indigo Books, North Vancouver**

**Frances Kenny** is the mother of two sons, 28 and 31. When her younger son began acting out, Frances was lucky enough to find a support program called Parents Together that offered her the support she needed as well as new skills to help regain her self esteem and improve the relationship with her son.

Frances now works for Parents Together as a Group Manager where she supports parents who find themselves in the same position she was fourteen years ago. As well Frances founded and facilitates a mutual support group for parents of older children who are abusing drugs, called Parents Forever. She is also a Board Member of From Grief to Action a parent advocacy group.

**Judi Lalonde** is the Executive Director of the Alcohol-Drug Education Service and has been with the organization for more than 15 years. A teacher by training, Judi has been involved in developing and writing alcohol and other drug prevention education resources, including *Making Decisions: Grade 4*. She has facilitated "Parents as Preventors" workshops and other community education and professional training programs for over 15 years and has delivered these programs to hundreds of communities around the province. Judi is a dedicated advocate for prevention and has been working with government and related organizations on influencing policy and support for healthy children, families and communities.

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**Cpl. Sharon Simons** is a 25 year veteran of the Royal Canadian Mounted Police with policing experience in New Brunswick and British Columbia. Police experience includes General Duty (uniform patrol), General Investigation Section (GIS), the Serious Crime Section and the Major Crime Section. Crimes investigated include serious crimes against persons, robbery, home invasions, attempted murders, and homicides. Cpl. SIMONS has 18 years experience in investigations of sexually motivated crimes the most heinous of which involves the sexual exploitation of children. Cpl. SIMONS has experience in the profiling and tracking of sexual predators.

Cpl. Simons is currently assigned to the Integrated Child Exploitation (ICE) Unit which investigates offences such as child luring on the Internet and possession of child pornography. (ICE) is a 14 person unit consisting of 8 police officer investigators, 1 police officer of the Integrated Technological Crime Unit, 3 Public Service Employees and 2 temporary civilian employees (1 lawyer, 1 x-Vancouver Police Officer). Cpl. SIMONS is the Provincial Prostitution Task Force Coordinator for the province and assists other agencies with investigations, consultations and conducts presentations for educational purposes.

**Jane Mauchan** has her Master's degree in Counselling Psychology from UBC, with a focus on Adolescent Therapy. She also has degrees from McMaster University (Hon. B.A/Sc.) and Queen's University (B.Ed.) and spent time at Oxford University studying literature and art. For the past 5 years she has worked for BC's Ministry of Children and Family Development, Child and Youth Mental Health branch. She has worked with adolescents and children in Langley, Surrey, Delta, and now North and West Vancouver. She is trained in Cognitive Behavioural approaches to the treatment of depression and anxiety; Interpersonal therapy for depression; and EMDR for trauma and the treatment of post traumatic stress. She also uses art and play therapy for treatment of younger children.

Jane also comes to therapy from a background in education. She was a high school teacher in Toronto before she became a therapist. Her experiences in the classroom pointed to the growing need for teachers and parents to recognize the reality of depression, anxiety and trauma in our children's lives. To keep herself sane, she races yachts, knits and paints watercolours.